

# Download Controlling People: How to Recognize, Understand, and Deal With People Who Try to Control You Online Book PDF by Patricia Evans

"Great advice about how to stand up for yourself!"  
—Ann Rule, author of *Every Breath You Take*

## CONTROLLING PEOPLE

How to Recognize,  
Understand, and Deal  
with People Who  
Try to Control You

PATRICIA EVANS  
Bestselling author of *The Verbally Abusive Relationship*

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### Synopsis:

Learn how to 'break the spell' of control with **Patricia Evans'** new bestseller. Already hailed by Oprah Winfrey, *Controlling People* deals with issues big and small - revealing the thought processes of those who seek to control in order to provide a 'spell-breaking' mind-set for those who suffer this insidious manipulation. Invaluable insight and advice for those who seek support.

